

Salad Bar Items

Salad
Quartered Cucumbers
Tomatoes
Sunflower Seeds
Cranberries
Croutons
Dressings
Salt/ Pepper

Cut Veggies
~ (choose two)
 Carrots
 Celery
 Broccoli
 Cauliflower

Fruit
 apples
 oranges

If needed
~ decided upon meal
 Pickles
 Cottage Cheese
 dipping sauce
 ~honey mustard
 ~BBQ
 ~Sweet & Sour
 ~Ranch

Ketchup
Mustard
Mayonaise

Sliced Veggies
 Tomatoes
 Onion
 Cheese
 Pickles

Breakfast Bar Items

Fruit (choose 2 and rotate by day)

Strawberries
Banana
Melon
Berries
Oranges
Apples

Dairy:

Yogurt
Cream Cheese
Butter Tabs

Other:

Hard Boiled Eggs
Granola
Granola Bars
Poptarts
Bagels (put by toasters)
Salt / Pepper
Jelly
Donuts or Muffins (rotate)

Dependent on Meal:

Ketchup
Hot Sauce
Syrup

Place on Serving Line:

Milk
Cereal
Oatmeal

Gluten Free Menu Options

Breakfast:

Waffles
Scrambled Eggs*
Chocolate Chip/Banana Muffins
Sausage links*
Bacon*
Hard Boiled Eggs*
Cereal*
Fruit*
Yogurt
Almond Milk*

Lunch:

Sloppy Jo Meat*
Pulled Pork*
Wings*
French Fries*
Gluten Free Buns*
Hummus*

Dinner:

Baked Chicken Breasts*
Spaghetti*
Burgers*
Bratwurst*

Extras:

Cooked Vegetables*
Cut fresh Vegetables*
Cut Fresh Fruit*
Hummus*
Potato Chips*
Tortilla Chips*
Jello Cups*
Sorbet*

~Our Breakfast Bar and Salad Bar have many other options available also

~Some Items may vary due to availability

*Dairy Free

Junior High Camp

Lunch:

Fried Chicken Tenders
French Fries
Salad bar

Dinner

Ham
Mashed Potatoes & Gravy
Corn
Salad Bar

Breakfast

Scrambled Eggs
Bacon
Biscuits & Gravy
Breakfast Bar

Lunch

Pulled Pork Sandwiches
Chips
Salad bar

Dinner

Spaghetti
Meat Sauce
Bosco Sticks
Green Beans
Salad Bar

Breakfast

Pancakes
Sausage
Breakfast Bar

Lunch

Pepperoni Pizza
French Fries
Salad Bar

Dinner

Burgers and Hot Dogs
Baked Beans
Corn on the Cob

Breakfast

Breakfast Sandwiches
Hashbrowns
Breakfast Bar
Cinnamon Rolls

Lunch

Sub Sandwiches
Chips
Salad Bar

Dinner

Baked Chicken
Baked Potatoes
Green Beans

Breakfast

French Toast
Bacon
Breakfast Bar

Lunch

Chicken Sandwiches
Sack Lunch

Senior High Camp Summer

Lunch:

Chicken Sandwiches
French Fries
Salad bar

Dinner

Ham
Baked Potatoes
Corn
Salad Bar
Big Cookies

Breakfast

Breakfast Burritos
(sausage, egg)
Breakfast Bar

Lunch

Pulled Pork Sandwiches
Mac & Cheese
Salad bar

Dinner

Chicken Alfredo
Pasta
Garlic Green Beans
Salad Bar
Brownies

Breakfast

Pancakes
Bacon
Breakfast Bar

Lunch

Sub Sandwiches
Chips
Salad Bar

Dinner

Burgers and Hot Dogs
Baked Beans
Corn on the Cob
Cake or CupCakes

Breakfast

Breakfast Sandwiches
(sausage patties, egg & cheese)
Hashbrowns
Breakfast Bar

Lunch

Pepperoni Pizza
Chips
Corn
Salad Bar

Dinner

Baked Ranch Chicken
Potato Wedges
Green Beans
Cinnamon Rolls

Breakfast

French Toast
Bacon
Breakfast Bar

Lunch

Walking Tacos
Sack Lunch

Family Camp Summer

Lunch

Chicken Tenders
French Fries
Salad Bar

Available at every lunch and dinner:
sun butter and jelly sandwiches

Dinner

Burgers and Hot Dogs
Baked Beans
Corn on the Cob
Big Cookies

Breakfast

French Toast
Sausage
Breakfast Bar

Lunch

Sloppy Joes
Mac & Cheese
Salad Bar

Dinner

Baked Ham
Mashed Potatoes & Gravy
Broccoli
Salad Bar

Breakfast

Scrambled Eggs
Bacon
Biscuits and Gravy
Breakfast Bar

Lunch

Sub Sandwiches
Chips
Salad Bar

Dinner

Chicken Alfredo
Pasta
Green Beans
Salad Bar

Breakfast

Pancakes
Sausage
Breakfast Bar